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Research Interests

Community Health Programs and Community Research Development. Community based participatory Research, Multicultural, and Prevention Research, Development and Implementation of Adult Educational Programs to Reduce Health Disparities.

Education

October 2018 – Present

School of Psychology Graduate Program
University of Seville
Seville, Spain.

November 2014 - July 2015

Master Universitario en Ciencias Sociales e Intervención Social
Universidad Pablo de Olavide
Seville, Spain.

September 2010 – August 2014

Master of Science in Human Development and Family Studies
School of Human Ecology
University of Wisconsin – Madison
Madison, WI.

2004 -2006

Bachelor of Arts with a Mayor in Psychology
DePaul University
Chicago, IL.

1997 - 2003

General College Courses
Harry S. Truman and Harold Washington
City Colleges of Chicago, IL.

1996-1997

English as a Second Language Academic Program
McCormack College, Chicago, IL.

1995-1996

English as a Second Language Academic Program
Lakeview Learning Center, Chicago, IL.

Conference Presentations

- November 2012** **Cavero K. M.** (2012). Percepción de la salud y formas de practicar el cuidado de la salud en un grupo de inmigrantes de Perú que vive en los Estados Unidos: un estudio piloto y cualitativo (*Health Perception and Health care Practices in a Peruvian Immigrant Group That Lives in the United States: a qualitative pilot study*). Paper presented at the “2da Jornada de Investigadores en Formación.” Buenos Aires, Argentina.
- September 2011** **Cavero, K.,** Danielewicz, J., Garry, R., Martinez, B., Diaz Robles, M., Uttal, L., & Magaña, S. (2011). Families and Communities in Mexico – Tepatitlan, Mexico. Presented at the Wisconsin Without Borders Poster Session. Madison, WI.
- February 2011** Sánchez-Johnsen, L., Vega, S., Rivero, K., Juarez, G., Escamilla, J., **Cavero, K.,** & Bolanos, L. (2011). Culturally Proficient Bilingual Cancer Prevention Research. Presented at the 3rd Annual Minority Health in the Midwest Conference, Chicago IL.
- April 2010** Sánchez-Johnsen, L., Escamilla, J., Juarez, G., Rivero, K., & **Cavero, K.** (2010). Innovations in Conducting Bilingual Health Translations in Community Engaged Health Research. Presented at the Annual Scientific Sessions of the Society of Behavioral Medicine, Seattle, Washington.
- June 2006** **Cavero, K.** (2006). Children and Family Health Studies Division Evanston Northwestern Healthcare. Presented at the 11th Annual Psychology Night for Research and Intern Presentation, DePaul University, Chicago, IL.

Research Experience

- September 2010 - August 2011** **Project Assistant.** University of Wisconsin-Madison. Human Development and Family Studies Department. Formando Lazos Familiares - A research program for the Latino/Hispanic community in Madison to prevent domestic violence.
Principal Investigator: Lynet Uttal, Ph.D.
Duties: Attended workshops and assisted with facilitating small group discussions. Translated and transcribed Spanish qualitative data. Assisted with site observations and note-taking at workshop meetings. Attended research, planning and committee meeting with research team and community

partners. Assisted with IRB documentation and submission. Reviewed academic literature. Assisted with developing program evaluation strategies with qualitative data. Assisted with other research assignments as needed.

**April 2009 –
August 2010**

Research Assistant. The University of Chicago.
Multicultural Health Research Program and Latino Health Research Program.

Principal Investigator: Lisa Sanchez-Johnsen, Ph.D.

Duties: Assisted PI on several NIH funded studies with focus on diet, physical activity, body image, and secondhand smoke. Using a Community Based Participatory Research framework studies were designed specifically for Latina/Hispanic women. Provided assistance in developing research instrument and intervention materials. Supported with recruitment and retention, conducted health interviews and performed body measurements with participants in community settings. Assisted with IRB submissions and follow up documentation processes, attended community meetings, translated research instruments, and assisted with other research study assignments as needed.

**June 2008 –
March 2009**

Research Assistant - Personal Coach. Northwestern University and Hines Department of Veterans Affairs in Illinois.

Principal investigator: Bonnie Spring, Ph.D.

Duties: Assisted in the PDA+ for obesity treatment research study. Conducted screening sessions and coached participants in diet and activity behavioral change study. Coached and monitored subject's adherence and retention. Performed other study assignments such as transcriptions, translations, data managing, and literature reviews. Assisted with grant submissions as needed.

**March 2006 –
June 2008**

Research Study Project Coordinator–Behavioral Coach. Northwestern University. Department of Preventive Medicine. Chicago IL.

Principal investigator: Bonnie Spring Ph.D.

Duties: Assisted on behavioral change “Making Better Choices Study.” Conducted screening sessions with participants in laboratory setting and monitored subjects throughout study phases 6 months long (recruitment and retention). Communication with subjects included in person, phone, and email. Performed other study assignments such as transcriptions, translations, data managing, and literature reviews. Assisted with grant submissions as needed.

**January 2005 –
December 2005**

Research Assistant. Evanston Northwestern Healthcare.
Research Institute, Evanston IL.

Principal Investigator: Madeleine Shalowitz, MD.
 Duties: Assisted on prenatal care study. Conducted interviews in clinics with participants in English and Spanish. Performed data entry and data cleaning. Transcribed and translated qualitative data. Assisted with study assignments as needed.

**April 2002 –
 December 2004**

Research Assistant. Evanston Northwestern Healthcare, Research Institute, Evanston, IL.

Principal Investigator: Caroline Berry, PhD.
Supervisor: Kelly Quinn MPH.

Duties: Assisted on Pediatric Asthma Study. Conducted health interviews with parents in English and Spanish, collected dust samples at home visits, and provided allergy testing to children in Chicago Public Schools. Assisted with other research assignments such as translation, data entry, data cleaning, and instrument development.

**February 2001 –
 May 2001**

Data Site Manager. Northwestern University Medical School, Department of Psychiatry and Behavioral Sciences, Chicago, IL.

Principal Investigator: Marian Fitzgibbon, Ph.D.
 Duties: Assisted on study “*Hip Hop to Health Jr. Project*”
 Conducted health interviews at various community school sites with children and parents.

**September 2000 –
 February 2001**

Project Coordinator. Northwestern University Medical School, Department of Psychiatry and Behavioral Sciences, Chicago, IL.

Principal Investigators: Marian Fitzgibbon, Ph.D., Susan Gapstur, Ph.D., and Sara Knight, Ph.D. Duties: Assisted on “*Healthy Happy Women*” study, *A Breast Cancer Risk Reduction Project for Hispanic Women*. Coordinated health screenings for follow-up participants, including scheduling on-site staff and functioning as a liaison between data collection site and university team.

**August 1997 –
 September 2000**

Recruitment Assistant and Health Interviewer. Northwestern University Medical School, Department of Psychiatry and Behavioral Sciences, Chicago, IL.

Principal Investigators: Marian Fitzgibbon, Ph.D., Susan Gapstur, Ph.D., and Sara Knight, Ph.D.

Duties: Assisted on “*Healthy Happy Women*” study (the above-mentioned project). Recruited participants via phone and in person at different community venues (i.e. health fairs, health clinics). Administered questionnaire and anthropometrics measures to participants in Spanish and English.

**June 1995 -
December 1995**

Child Care Provider. Health Advocacy Project of Little – Village, Chicago, IL.

Duties: Provided child care to a group of children whose parents were being trained as community Health Advocates.

Teaching Experience

**September 2013 -
May 2014.**

Teaching Assistant. HDFS 535 – Family Perspective and Policy Making. Department of Human Development and Family Studies. University of Wisconsin – Madison. Madison, WI.

Supervisor: Sarah Halpern-Meekin Ph.D

Duties: Assist Professor with coursework. Attend class in a regular bases. Read and review class lectures and materials. Hold office hours and meet with students as needed to answer questions and provide content review. Supervise students class presentations. Communicate with students via email or in person to answer questions related to course material. Grade paper assignments. Meet with supervisor and assist with administrative related issues as needed.

**September 2011 –
May 2012.**

Teaching Assistant. HDFS 362 - Development of the Young Child. Department of Human Development and Family Studies. University of Wisconsin-Madison. Madison, WI.

Supervisor: Heather Kirkorian Ph.D.

Duties: Assist Professor with online course. Read, review, and watch class content, lectures, and videos. Attend exam review sessions. Proctor individual and group exams. Hold office hours and meet with students as needed to answer questions and provide content review. Communicate with students via email or in person to answer questions related to course material. Grade assignments and exams. Meet with supervisor and assist with administrative related issues as needed (e.g. prepare exam materials, photocopies, etc.)

Volunteer Experience

April 2016

Volunteer. Hospital Virgen Macarena de Sevilla.

Principal Investigator: Dr. Ramón Mendoza Berjano.

Volunteered administering informed consent and conducting health interviews to pregnant women in a hospital setting for a research study about pregnant women habits and beliefs in relation to their lifestyle during

pregnancy including tobacco and alcohol consumption. Collected hair samples from participants for the above mentioned research study.

**January 2013 –
May 2014**

Volunteer. Planned Parenthood, Madison WI.

Coordinator: Rosario Angulo.

Volunteered in assisting the coordinator in implementing a training program on reproductive health for teenagers and young adults of an immigrants population in Madison WI. Developed evaluation tools for assessing the training program in reproductive health. Assist to meetings in a regular bases to discuss the implementation and progress of the training program.

July 2006.

Volunteer. United Methodist Church. Chicago IL.

Pastor: Francisco Ramos.

Volunteered in a 2 week trip to Santa Cruz, Bolivia. Assisted in community initiatives with local church and school leaders. Collaborated in campaign with community health center nurses going door to door to provide vaccination in neighborhood, and participated in setting the foundation for local school construction.

**September 2005 –
June 2006**

Research Assistant. Evanston Northwestern Healthcare. Research Institute, Evanston IL. *Principal Investigator: Dr. Madeleine Shalowitz, MD.*

Duties: Assisted on prenatal care study. Conducted interviews in community clinics with participants. This volunteer work was part of the internship for the course PSY 395 Fieldwork/Internship with DePaul University.

**March 1995 –
January 1996**

Pantry Assistant Coordinator – Volunteer. Centro San Bonifacio, Chicago IL.

Recruited volunteers and organize food distribution for people in the community.

**January 1994 –
February 1995**

Secretary Assistant – Volunteer. Universidad San Martin De Porres. Lima, Peru.

Assisted office manager in general office duties, including answering phones, filing, photocopying, and other assignments as needed.

Trainings/workshops/Seminars

February 2017

Taller de Tesis, doctoral program.

Universidad Pablo de Olavide. Seville, Spain.

October 2016

Childhood obesity prevention in Andalucía.

Escuela Andaluza de Salud Pública. Seville, Spain.

- April – May 2016** **Autism Spectrum Disorder Introductory course.**
Asociación Autismo Sevilla. Seville, Spain.
- March 2016** **II Jornada de Sensibilización e Investigación en TDAH. UPO-ANFATHI.**
Universidad Pablo de Olavide. Seville, Spain.
- April 2014** **The keys are right in Front of you: Women, Feminism and Sustainable Peace-Building.**
University of Wisconsin – Madison. Madison, WI.
- April 2014** **The Role of Women’s Pleasure in Shaping Condom Practices.**
University of Wisconsin – Madison. Madison, WI.
- April 2014** **Community-based Research in Action. Morgridge Center’s Engaged Scholarship Roundtable.**
University of Wisconsin – Madison. Madison, WI.
- March 2014** **It Takes a Village: An Interdisciplinary Address of Healthcare Disparities.**
University of Wisconsin – Madison. Madison, WI.
- November 2013** **Family Living Education – Extension Program**
University of Wisconsin – Madison. Madison, WI.
- October 2013** **Theory – Guided Intervention Research**
University of Wisconsin – Madison. Madison, WI.
- September 2013** **Snooping, Stalking and Sexting: Digital media as a context and tool for dating violence.**
University of Wisconsin – Madison. Madison, WI.
- September 2013** **Qualitative Interviewing 101**
University of Wisconsin – Madison. Madison, WI.
- June 2013** **What Every Quantitative Investigator Needs to Know about Working with a Qualitative Researcher**
University of Wisconsin – Madison. Madison, WI.
- May 2013** **Addressing Latino Immigrant Experiences of Health, Healthcare and HIV Services in the Unites States. Borders and Barriers Conference.**
Medical College of Wisconsin. Milwaukee, WI.
- April 2013** **Qualitative Community Based Historical Research in Multiple Courses: Somos Latinas History Project**

University of Wisconsin – Madison. Madison, WI.

April 2013

Dispelling the Gaydar Mith: Stereotyping to Infer Orientation and Its Consequences for Antigay Aggression.

University of Wisconsin – Madison. Madison, WI.

April 2013

Exploring Data – Nvivo

University of Wisconsin – Madison. Madison, WI.

April 2013

Introduction to NVivo

University of Wisconsin – Madison. Madison, WI.

March 2013

Development of a LGBT Focused Health Communication Curriculum.

University of Wisconsin – Madison. Madison, WI.

March 2013

Varieties of Well-Being and Their Relevance for Family Studies.

University of Wisconsin – Madison. Madison, WI.

March 2013

Tips for Writing and Publishing Qualitative Research.

University of Wisconsin – Madison. Madison, WI.

February 2013

Best Practices in Community-Based Learning and Preparing Students to work in the community.

University of Wisconsin – Madison. Madison, WI.

February 2013

The Sex Education Debates: Sexuality, Gender, Violence and Schooling in the US.

University of Wisconsin – Madison. Madison, WI.

February 2013

Receipt of and Barriers to Guideline Appropriate Influenza Vaccinations among Pregnant Women in the US.

University of Wisconsin – Madison. Madison, WI.

December 2012

Providing Comprehensive Sexual Health Education to the Community: A Community Health Worker Perspective.

University of Wisconsin – Madison, Madison, WI.

December 2012

Critical Appraisal of Qualitative Research.

University of Wisconsin – Madison, Madison, WI.

December 2012

The Role of Parent – Youth Relationships and Interventions in Promoting Adolescent Health.

University of Wisconsin – Madison, Madison, WI.

- December 2012** **Health Care Access and Utilization Among Mexican Migrants in the U.S.**
University of Wisconsin – Madison, Madison, WI.
- October 2012** **Disparities in home smoking bans by socioeconomic status: can tobacco control policies help narrow the gap?**
University of Wisconsin – Madison, Madison, WI.
- October 2012** **Sexual Racism Online, Offline, and in Augmented Reality.**
University of Wisconsin – Madison, Madison WI.
- April 2012** **The Neighborhood Context of Racial and Ethnic Differences in Depressive Symptoms.**
University of Wisconsin – Madison, Madison, WI.
- April 2012** **The Multicultural Graduate Network: Dinner and Research Presentation**
University of Wisconsin – Madison.
- March 2012** **Evaluating Community – Engaged Research.**
University of Wisconsin – Madison, Madison, WI.
- March 2012** **Barriers to Maternal Health in Northern Thailand: Legal Status and Access to Care among Highland Minority Women**
University of Wisconsin – Madison, Madison WI.
- March 2012** **Bridging the Achievement Gap**
University of Wisconsin – Madison, Madison, WI.
- February 2012** **Trends in Access to Care for US Families: Evidence of Increased Barriers and Vulnerability**
University of Wisconsin – Madison, Madison, WI.
- February 2012** **Health Disparities of Our Nation.**
University of Wisconsin – Madison, Madison, WI.
- December 2011** **Choosing a Qualitative Data Collection Method.**
University of Wisconsin – Madison, Madison, WI.
- November 2011** **Shedding Lights on Disparities in Birth Outcomes: A Mix-Method community-based approach.**
University of Wisconsin – Madison, Madison, WI.
- November 2011** **Do Scientists Behave Badly? Dr. Brian Martinson.**
University of Wisconsin – Madison, Madison, WI.

- November 2011** **Ethics of Research with Vulnerable Groups.**
University of Wisconsin – Madison, Madison, WI.
- November 2011** **Predictors of Obesity and Cardiovascular Risk among
American Indian Children.**
University of Wisconsin – Madison, Madison, WI.
- October 2011** **Health Literacy Barriers and Patient Navigation Needs
among Rural Cancer Patients.**
University of Wisconsin – Madison, Madison, WI.
- September 2011** **Qualitative Methods in Evaluation.**
University of Wisconsin – Madison, Madison, WI.
- September 2011** **An Overview of Mixed Methods Research.**
University of Wisconsin – Madison, Madison, WI.
- June 2011** **An Introduction to Qualitative Methodology: Three
Approaches.**
University of Wisconsin – Madison, Madison, WI.
- March 2011** **Issues to be considered when doing qualitative research
in another language than one's own first tongue.**
University of Wisconsin – Madison, Madison, WI.
- December 2010** **Dedoose Training, qualitative software**
University of Wisconsin - Madison, Madison, WI.
- November 2010** **Basic/Refresher Course - Human Subjects
Research Curriculum**
CITI Collaborative Institutional Training Initiative
- November 2010** **The Basics of Effort Reporting Curriculum**
CITI Collaborative Institutional Training Initiative
- November 2010** **Writing Research Proposals**
University of Wisconsin - Madison, Writing Center
Madison, WI.
- October 2010** **International Research**
University of Wisconsin - Madison, Madison, WI.
- October 2010** **Institutional Review Board (IRB)**
University of Wisconsin - Madison, Madison, WI.
- October 2010** **Broader Impact Workshop for the National Science
Foundation Proposal (NFS)**
University of Wisconsin - Madison, Madison, WI.

- October 2010** **Graduate Assistants' Equity Workshop for Teaching Assistants and Program/Project Assistants**
University of Wisconsin - Madison, Madison, WI.
- September 2010** **Writing Literature Reviews of Published Research**
University of Wisconsin - Madison, Writing Center,
Madison, WI.
- June 2009** **Fundamentals in Clinical Research.**
The University of Chicago, Chicago IL.
- January 2007** **Adult Cardiopulmonary Resuscitation (CPR) and Automated External Defibrillator (AED)**
American Red Cross, Chicago, IL.
- December 1996** **Health Care Promoter Training**
Centro San Bonifacio, Chicago, IL.
- April 1995** **Infant and Child First Aid and CPR Training**
Erie Neighborhood House, Chicago, IL.
- May 1995** **All Family to Family Courses and Activities**
Erie Neighborhood House, Chicago, IL.

Professional Membership

- 2010** Society for Community Research and Action.
2009 Midwest Association of Latino Psychologists.
2009 National Latino Psychological Association.

Computer Skills

Microsoft Applications (Word, Excel, Publisher, PowerPoint)
Statistical Package for the Social Sciences (SPSS) basics.
Software for Qualitative Data Analysis NVIVO

Languages

Fluent in Spanish (Native Language).
Fluent in English (Second Language).