

# Sara Maria Martinez Damia

PhD Student  
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## EDUCATION

5/2016– 7/2018

### **Specializing M.A. in Community Psychology and Interventions**

*Università Cattolica del Sacro Cuore, Milan (Italy)*

- Design and evaluation of community interventions.
- Co-design of individuals' processes, group and community change with an action-research approach.

9/2013– 7/2015

### **M.A. in Clinical Intervention Psychology in Social Contexts**

*Università Cattolica del Sacro Cuore, Brescia (Italy)*

Thesis "*The role of activism for the integration process of young Africans*". Supervisor Elena Marta.  
Graduation score: 110/110 cum laude.

**University exchange** (1/2014–6/2014), *Universidad La Sabana, Chia, Bogotá (Colombia)*

- "*Teoría y Realidad: evaluación psicológica en el Centro de Servicios de la Clínica de Chia*": summary of the psychological evaluation tools used by the clinic through bibliography review, interviews to professionals and observation of clinical interviews carried out by professionals.
- "*Sembrando Conciencia: una propuesta educativa orientada a despertar la conciencia sobre el consumo de agricultura sostenible*": action-research project with a group of young Colombians, Cajicá.

9/2010– 7/2013

### **B.A. in Psychology (track in Interpersonal and Family Relationships)**

*Università Cattolica del Sacro Cuore, Milan (Italy)*

- Thesis "*Youth volunteering as a resource for acquiring adult identity*". Graduation score: 110/110 cum laude.

## WORK EXPERIENCE

10/2018 –Present

### **PhD Student**

*Università Cattolica del Sacro Cuore, Milan (Italy)*

- Project: community participation among immigrant people. Supervisors: Elena Marta, Virginia Paloma. Qualitative study exploring the work of migrant organizations in Milan and quantitative study on the wellbeing and empowerment of migrant activists.

9/2020 – Present

### **Collaborator for research**

*CERISVICO (Research Center on Community Development and Organizational Quality of Life), Brescia (Italy)*

6/2018– Present

### **Collaborator for research- Adolescents and young adults**

*Istituto Giuseppe Toniolo di Studi Superiori, Milano (Italia)*

- Qualitative and quantitative data collection and analysis on the life of Italian adolescents and young adults as part of the annual reports "*Rapporto Giovani*"- "*Generazione Z*"

9/2017 – Present

### **Professor Assistant**

*Università Cattolica del Sacro Cuore, Milan (Italy)*

- Supervising and evaluating written and oral exams of students in the "Community Psychology" and "Social Psychology" courses (Prof. Elena Marta) at the Department of Psychology.

12/2019

### **Trainer**

*School of Higher education Cavour, Vercelli (Italy)*

- Two training workshops with young school leaders on leadership and group dynamics for the project "The language that captures".

10/2018 – 10/2019

### **Organizational Consultant**

*SportelloTiAscolto, Turin (Italia)*

- Action research on the organizational functioning of the service: co-construction of the project, preliminary interviews and analysis, small group meetings.

1/2019 – 6/2019

**Qualitative Researcher - Migrants**

*Fondazione ISMU, Milan (Italy) – Koulikoro Region (Mali)*

- Research under the European project “AwArtMali - Awareness raising and info through art on irregular migration risks in Mali” (AMIF). Interviews and preliminary analysis on 5 Malians living in the North of Italy and 10 Malians living in different villages located in Kati (Mali).

11/2016– 12/2018

**Consultant - Vocational Guidance**

*Apogeo -Sirio Srl, Ako Formazione, Milan (Italy)*

- Individual and group activities: skills assessment, guidance and training for active job search, coaching (Call of the Lombardy Region POR FSE Dote Unica Lavoro 2014-2020). Elaboration of individual reports on career paths.

1/2018– 6/2018

**Trainee - Community Psychology**

*Associazione Dormitorio Società San Vincenzo de Paoli, Brescia (Italy)*

- Analysis of the organizational functioning of a service that works with homeless people: focus groups with volunteers and operators, interviews with directors, ethnographic observations, data analysis, feedback to stakeholders.

4/2016– 10/2016

**Trainee - Clinical Psychology**

*Centro Italiano per la Promozione della Mediazione, Milan (Italy)*

- Observation of interviews for: criminological profile assessment, psychological support for victims of crime; reconciliation interventions based on the method of mediation.
- Observation of group meetings on preventing recidivism for sex offenders at the UTI (Unit of Intensive Treatment) held in the Bollate Prison (Milan).

10/2015– 4/2016

**Trainee - Social Psychology Research**

*Pontificia Universidad Catolica de Chile, Santiago de Chile (Chile)*

- Implementation of a mixed method research on Peruvian activists in organizations under the supervision of Prof. Maria Loreto Martinez: mapping of the organizations and mobilization of stakeholders; interviews with Peruvian leaders and administration of questionnaires

**TRAINING**

16/7-9/23/2020

**Regenerate community (online): methods of digital social collaboration**

*Metodi Attivi Srl and Istituto Italiano di Valutazione (Italy)*

Six workshops on the use of Photovoice, Restorative Circle, Network analysis, Future Lab, Storytelling and Mentimeter in online settings.

7/17-7/20/2019

**International Summer School in Community Research** (attachment 1)

*SIPCO e LABCOM, Università di Firenze (Italy)*

Workshop run by Riccardo Grassi. Methods for research, action and change in community contexts: Web Focus and the Delphi method.

6/24-27/6/2019

**The multi-level approach to nested data analysis: introduction and applications** (attachment 2)

*ASAG, Università Cattolica del Sacro Cuore, Milano (Italy)*

Use of the multi-level approach, nested data analysis involving dyadic and longitudinal data. Use of SPSS and MPLUS.

5/20-5/31/2019

**Intercultural Dialogue in Europe and Active policies – IDEAL** (attachment 3)

*Jean Monnet Module, Università Cattolica del Sacro Cuore, Milan (Italy)*

Interdisciplinary lessons (sociology, history, pedagogy, psychology) to discuss on European citizenship and strategies to promote the inclusion of cultural minorities.

9/2016

**The Psychology and Ecology of Change: Strategies for Personal, Organizational, and Community Well-Being** (attachment 4)

*AIP Social Psychology Division, Università degli Studi di Napoli Federico II, Napoli (Italy)*

Workshop run by Isaac Prilleltensky on the strategies for social interventions change at different ecological levels through the SPEC method.

11/2014

**Project Cycle Management** (attachment 5)

ISPI, Institute for International Policy Studies, Milan (Italy)

Course run by da Javier Schunk on the project phases and techniques within the international cooperation field.

## METHODOLOGICAL WORKSHOPS

- 10/3/2019                    **Photovoice for Social Action and Social Justice**  
*European Community Psychology Association, Naples (Italy)*  
Workshop run by Susana Helm.
- 5/30/2019                    **The generalized linear model: models for categorical variables, frequencies and non-normal distributions**  
*FORMazione METodologica, Università Cattolica del Sacro Cuore, Milan (Italy)*  
Workshop run by Gallucci, Università degli Studi Milano-Bicocca.
- 5/2019                        **Introduction to R**  
*Università Cattolica del Sacro Cuore, Milano (Italy)*  
Workshop run by Cipresso aimed at providing the basics in the use of the software.
- 3/14/2019                    **Community at Work “Community Experiences Model”**  
*Dipartimento di Psicologia dell’Università di Bologna, Cesena (Italy)*  
Workshop run by Neil Boyd on the sense of community as responsibility and its application in community contexts.
- 1/2018                        **Item Response Theory (IRT) models in psychological assessment**  
*FORMazione METodologica, Università Cattolica del Sacro Cuore, Milan (Italy)*  
Workshop run by Primi aimed at explaining the IRT's approach theoretically and through guided exercises.
- 5/2016                        **The Mplus software: basics**  
*FORMazione METodologica, Università Cattolica del Sacro Cuore, Milan (Italy)*  
Workshop run by Sorgente aimed at acquiring skills in the main techniques of analysis (regression, path analysis and factorial analysis).
- 9/2016                        **Qualitative and Mixed Methods Approaches**  
*European Association for Research on Adolescence, La Barrosa, Cadiz (Spain)*  
Workshop pre-conference run by Maria Wängqvist, Monique Landberg, Joseph Schwabda on mixed methods, thematic analyses, grounded theory, and discursive and narrative approaches

## PARTICIPATION IN NATIONAL CONFERENCES

- Marzana, D., Alfieri, S., Pozzi, M., **Martinez Damia, S.**, & Moro, G. (2019, September). *Participating in adolescence to promote positive development*. Oral Presentation presented at the XVI National Conference of the Social Psychology Section of AIP, Rome (Italy).
- **Martinez Damia, S.** (2019, September). *What barriers to social participation? The perceptions of Peruvian leaders in Santiago de Chile*. Poster presented at the XVI National Conference of the Social Psychology Section of AIP, Rome (Italy).
- Marzana, D., Marta, E., Alfieri, **Martinez Damia, S.**, & Pistoni, C. (2019, June). *Building a resilient community to promote resilience in the homeless*. Oral Presentation presented at XII Conference of Positive Psychology, Università Cattolica del Sacro Cuore, Milan (Italy).
- S. Alfieri, D. Marzana, Marta, E., & **Martinez Damia, S.** (2016, September). *Activism as a vehicle of integration: a qualitative research with young immigrant activists*. Oral Presentation presented at XIV National Congress of Italian Social Psychology Section of AIP, Naples (Italy).
- **Martinez Damia, S.**, Marzana, D., Alfieri, S., & Elena, M. (2016, June). *Integration of Peruvian migrant activists at CBOs in Santiago del Chile - a qualitative study*. Oral Presentation presented at XI National Conference SIPCO, Bergamo (Italy).

## PARTICIPATION IN INTERNATIONAL CONFERENCES

- Martinez Damia, S. Ellena, A. M., Aresi, G., Marzana, D., Marta, E., Pozzi, M. (2021, February). *Posttraumatic growth dimensions differently mediate the relationship between national identity and interpersonal trust among young adults. A study on COVID-19 crisis in Italy*. Poster presentation presented at Virtual Convention, Society for Personality and Social Psychology

- Marzana, D., Atallah, D., **Martinez Damia, S.**, & Loreto Martinez, M. (2017, July). *A qualitative study of Peruvian immigrants' journeys toward resilience through participation in community-based organizations in urban Chile*. Oral Presentation presented at XL Annual Meeting, International Society of Political Psychology, Edinburgh (United Kingdom).
- **Martinez Damia, S.**, Marzana, D., Elena, & M., Alfieri, S. (2016, September). *The psychosocial integration of young African activists in Northern Italy*. Oral Presentation presented at XV Biennial conference of the European Association for Research on Adolescence, Cadiz (Spain).

## PUBLICATIONS

### Articles in journals

- **Martinez Damia, S.**, Marzana, D., Alfieri, S., Pozzi, M., Marta, E. (accepted). Psychological and structural barriers to immigrant community participation: The experience of Peruvians in Santiago de Chile. *American Journal of Community Psychology*.
- Marzana, D., **Martinez Damia, S.**, Atallah, D., & Martinez, L. (2020). The Resilience of Peruvian Immigrants through Participation in Community-Based Organizations in urban Chile. *Journal of Community Psychology*, 48(5), 1327-1346. Doi: 10.1002/jcop.22284
- Alfieri, S., Marzana, D., & **Martinez Damia, S.** (2019). Why Do First and Second-Generation Young Migrants Volunteer? The Migrant Volunteerism Motivation Model (MVMM). *Journal of Social and Political Psychology*, 7(2), 1089-1107. <https://doi.org/10.5964/jspp.v7i2.1104>
- Marta, E., Marzana, D., **Martinez Damia, S.**, & Alfieri, S. (2019). Youth and Their Challenge to Promote a Fairer Multicultural Society: A Qualitative Study of African Immigrant Activists. *Journal of International Migration and Integration*, 20(2), 557-576 <https://doi.org/10.1007/s12134-018-0615-8>

### Chapters in books

- Aresi, G., **Martinez Damia, S.**, Ellena, A. M., Pistoni, C. & Marta, E. (2020) Benessere psicologico, universo relazionale e dinamiche identitarie nei giovani adulti europei in epoca di Covid-19. In Istituto Giuseppe Toniolo, *Giovani ai tempi del coronavirus : una generazione in lockdown che sogna un futuro diverso* (pp. 25-43). Milano, Italia: Vita e Pensiero.
- Martinez Damia, S. (2020). L'approfondimento qualitativo. In Bignardi, P. (Eds.). *Chi sono i giovani di Saluzzo? Valori, fede e scelte di vita* (pp.37-66). Milano, Italia: Educatt.
- **Martinez Damia, S.**, Tiberi, E., Alfieri, S., & Marta, E. (2020). Adolescenti e fiducia: le loro parole, il loro sguardo. In *Indagine Generazione Z 2018-2019* (pp. 39-61). Milano, Italia: Vita e Pensiero.
- Alfieri, S., Marta, E., & **Martinez Damia, S.** (2019). Seconda fermata: i valori. In Bignardi, P., Marta, E. & Alfieri, S. (Eds.), *Adolescenti di Valore: Indagine Generazione Z 2017-2018*. Milano, Italia: Vita e Pensiero.
- Alfieri, S., **Martinez Damia, S.**, & Marta, E. (2019). Uscire dalla casa di origine o farvi ritorno modifica i valori delle nuove generazioni? In Alfieri, S., & Marta, E. (Eds.), *Rapporto Giovani 2019*. Bologna, Italia: Il Mulino.
- **Martinez Damia, S.**, & Introini, F. (2019). Adolescenti trentini: il confronto, l'impegno e la libertà. In Bignardi, P., Marta, E. & Alfieri, S. (Eds.), *Adolescenti di Valore: Indagine Generazione Z 2017-2018*. Milano, Italia: Vita e Pensiero.
- Introini, F., & **Martinez Damia, S.** (2018). Attraverso gli altri, verso sé stessi. Gli adolescenti tra ricerca identitaria e relazioni, in Alfieri, S., & Marta, E. (Eds), *Generazione Z. I giovani trentini. Indagine 2018*. Trento, Italia: IPRASE

### Manuscripts in preparation

- Marzana, D., **Martinez Damia, S.**, Marinelli, G., & Loreto Martinez, M. (2020). A mixed method study with Peruvians activists in Chile.
- Pistoni, C., **Martinez Damia, S.**, Alfieri, S., Marta, E., Confalonieri, E., & Pozzi, M. (2020). What are the predictors to sexting behavior among Italian adolescents? The Positive Youth Development approach.
- **Martinez Damia, S.**, Alfieri, S., Marta, E., & Pozzi, M. (2020). How are the perceptions of Parental Support and Control related to Indicators of Adulthood? A Cluster Analysis with Italian Emerging Adults.

## AWARDS

- Graduate Registration Award at 2021 Virtual Convention, Society for Personality and Social Psychology.

**IT SKILLS:**

- Nvivo (medium), ATLAS.ti (basic), SPSS (medium)
- Microsoft Word, Excel, Outlook (good)
- Canva, Power point (medium)
- Padlet, Mentimeter (basic)

**LANGUAGES:**

- Italian (mother tongue)
- Spanish (C1)
- English (B2/C1)

*Registration at the Order of Psychologists of Lombardy, Section A of the Register, with the number 19744 from 06/04/2017. I authorize the processing of my personal data in accordance with EU Regulation 679/2016. Aware of the criminal penalties provided for in art. 76 of Presidential Decree no. 445/2000 for falsehoods in acts and false statements, declare, under my personal responsibility, that what is indicated is true.*

*Suzanna Malatesta*